

NORWICH ABC

Open 10 mile time trial for Tandems and Solos

Held on Saturday 9th September 2023 starting at **14.00hrs** on Course B10/43.

First and foremost, we need to say a big thanks to the marshals and timekeepers, without their help the event could not take place.

Timekeepers	Dan Blackburn (VCN) Mike Johnson (NABC)
Official Observer	Richard Smith (NABC)
Course Marshals	Members and friends of (NABC) Ed Dean Graham Hurst Graham Dilks Peter Johnson

Report:

For the second time in as many weeks the B10/43 has delivered a tie for first place.

Dominic Lowden (Diss and District CC) and **Matthew Holland** (DAP CC) were inseparable on the timesheet with 21:07 for the 10 miles.

Second was **Lewis Roberts** (Blackspokes RT) with 21:08 and third was **Andrew Whelan** with a 21:27.

Fastest Road bike was **Phillip Edward Beecher** (VC Norwich) with a respectable 25:17.

Fastest Team goes to Colchester Rovers CC who narrowly pipped Diss CC with combined times of the fastest three competitors being 1:06:25 vs the 1:07:09 respectively.

Domanic Lowden, Rory Florence, Toby Bell-Tye – Colchester Rovers CC – Team Prize.

Fastest Vet on Standard Time was **Dominic Lowden** (Diss and District CC)

Special congratulations to all that I overheard discussing their PB's set during the event, that I overheard whilst updating the results sheet.

Could all those mentioned above contact me with their bank details so I can transfer the winnings to them.



**Ollie Cozens,
Norwich ABC.**

Awards

Scratch (M)	1 st £10	2 nd £7	3 rd £5
Scratch (F)	1 st £10	2 nd £7	3 rd £5
Vets on Std	1 st £10		
Team	£6 each.		

One prize per person except team. No prize for tandem due to single entry.

bib	start_time	firstname	lastname	machine	club	gender	category
1	14:02:00	John	Swanbury	TT Bike	VC Baracchi	Male	Veteran
2	14:02:00	Allistair	Banks	TT Bike	VC Baracchi	Male	Veteran
5	14:05:00	Brian	Davies	Road Bike	VC Baracchi	Male	Veteran
6	14:06:00	Nick	Parravani	TT Bike	CC Breckland	Male	Veteran
7	14:07:00	Ian	Lomas	TT Bike	Godric CC	Male	Veteran
8	14:08:00	Thomas	Hudson	TT Bike	Loose Cannon's Conditioning	Male	Senior
9	14:09:00	Tony	Sorensen	TT Bike	Tri-Anglia Triathlon Club	Male	Veteran
10	14:10:00	Dominic	Lowden	TT Bike	Diss & District CC	Male	Veteran
11	14:11:00	Chris	Smith	TT Bike	Essex Roads CC	Male	Veteran
12	14:12:00	Phil	Beecher	Road Bike	VC Norwich	Male	Senior
13	14:13:00	Mark	Crookes	TT Bike	Iceni Velo	Male	Veteran
14	14:14:00	Rory	Florence	TT Bike	Diss & District CC	Male	Veteran
15	14:15:00	Matthew	Holland	TT Bike	D A P Cycling Club	Male	Espoir
16	14:16:00	Martin	Pyne	TT Bike	West Suffolk Wheelers	Male	Veteran
17	14:17:00	David	Gill	TT Bike	Diss & District CC	Male	Veteran
18	14:18:00	Patrick	Ellis	TT Bike	Diss & District CC	Male	Veteran
19	14:19:00	Toby	Bell-Tye	TT Bike	Diss & District CC	Male	Senior
20	14:20:00	Lee	Garrod	TT Bike	Sole Bay Cycle Sport	Male	Veteran
21	14:21:00	David	Young	TT Bike	West Suffolk Wheelers	Male	Senior
22	14:22:00	Brian	Carr	TT Bike	Great Yarmouth C C	Male	Veteran
23	14:23:00	James	Oxbury	TT Bike	Norwich A B C	Male	Veteran
24	14:24:00	Jamie	Watson	TT Bike	Colchester Rovers CC	Male	Veteran
25	14:25:00	Gary	Pamment	TT Bike	CC Sudbury	Male	Veteran
26	14:26:00	Chris	Womack	TT Bike	VC Baracchi	Male	Veteran
27	14:27:00	Justin	Bell-Tye	TT Bike	Diss & District CC	Male	Senior
28	14:28:00	Nigel	Walsh	TT Bike	North Norfolk Whs	Male	Veteran
29	14:29:00	Denise	Hurren	TT Bike	Sole Bay Cycle Sport	Female	Veteran

30	14:30:00	Lewis	Roberts	TT Bike	Blackspokes RT	Male	Senior
31	14:31:00	David	Sweeting	TT Bike	VC Norwich	Male	Veteran
32	14:32:00	Graham	Denny	Road Bike	North Norfolk Whs	Male	Veteran
33	14:33:00	Mark	Lloyd	TT Bike	Colchester Rovers CC	Male	Veteran
34	14:34:00	Andrew	Whelan	TT Bike	Colchester Rovers CC	Male	Veteran
35	14:35:00	Mike	Padfield	TT Bike	North Norfolk Whs	Male	Veteran

